

## Flaming Grill Christmas Party Menu 2017 Allergen Report

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - 2017 Christmas Festive	Starters	Nachos v	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - 2017 Christmas Festive	Starters	Tomato Soup	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	No
Flaming Grill - 2017 Christmas Festive	Starters	Prawn Cocktail	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	Yes	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - 2017 Christmas Festive	Starters	Pepper & Stilton Mushrooms v	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - 2017 Christmas Festive	Mains	Christmas Pie with Sprout & Streaky Bacon Mash	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	No	No
Flaming Grill - 2017 Christmas Festive	Mains	Butternut Squash, Cashew & Sweet Potato Roast (V)	Total Allergen Outcome	No	Yes	Yes (Wheat)	Yes (Cashew Nuts, Walnuts)	No	Yes	No	Yes	No	No	Yes	No	No	Yes	No	No
Flaming Grill - 2017 Christmas Festive	Mains	Xmess Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Flaming Grill - 2017 Christmas Festive	Mains	Roast Turkey	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	Yes	No	No
Flaming Grill - 2017 Christmas Festive	Mains	8oz Rump Steak	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - 2017 Christmas Festive	Desserts	Christmas Pudding	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No

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Flaming Grill - 2017 Christmas Festive	Desserts	Irish Cream Profiteroles	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - 2017 Christmas Festive	Desserts	Vanilla Cheesecake Smores with Chocolate & Orange Sauce	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Flaming Grill - 2017 Christmas Festive	Desserts	Toffee Apple Crumble	Total Allergen Outcome	No	Yes	Yes (No-gluten Oats)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Flaming Grill - 2017 Christmas Festive	Extras	Trade Up Mince Pie	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes