

Flaming Grill - Xmas Fayre 2016 Allergen Data

		Contains Sulphur Dioxide / Sulphites (great than 10mg/kg)	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Tree Nuts*	Contains Peanuts	Contains Sesame Seed	Contains Celery	Contains Mustard	Contains Egg	Contains Lupin	Contains Gluten**	Contains Soya	Suitable for Vegetarians	Suitable for Vegans
Starters	Butternut Squash & Carrot Soup	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	No
	Prawn Cocktail	No	No	Yes	No	Yes	No	No	No	Yes	Yes	Yes	No	Yes (Wheat & Barley)	Yes	No	No
	Pepper & Stilton Mushrooms	No	No	No	No	Yes	No	No	No	Yes	No	No	No	Yes (Wheat & Rye)	No	Yes	No
	Christmas Nachos	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes (Wheat & Oats)	No	No	No
Mains	Roast Turkey	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	Roast Pork Belly	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	NGCI Nut Roast	No	No	No	No	Yes	Yes (Almonds & Walnuts)	Yes	No	Yes	No	Yes	No	No	No	Yes	No
	Festive Burger	Yes	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No
	Salmon & Lemon Butter Sauce	Yes	Yes	No	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No
	8oz Rump Steak	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	10oz Ribeye Steak	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
Desserts	Christmas Pudding	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	No
	Christmas Sundae	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat, Barley & Oats)	No	Yes	No
	Choux Wreath	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	Yes	Yes	No
	Chocolate Orange Cheesecake	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat, Barley & Oats)	Yes	Yes	No
Choices / Portions	Vegetable Portion	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	New Potatoes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Pig In Blanket	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No

All allergy information stated is for actual ingredients present in products.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware. Whilst we take the issue of food allergies and intolerances seriously all dishes are produced and prepared in environments that are not free from gluten, milk, egg, fish, crustaceans, molluscs, tree nuts*, peanuts, sesame, celery, mustard, lupin or soya therefore all dishes may contain traces of these and other allergens.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

** Gluten is a protein component of wheat, rye, barley & oats