

Flaming Grill - Kids Xmas Fayre 2016 Allergen Data

		Contains Sulphur Dioxide / Sulphites (great than 10mg/kg)	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Tree Nuts*	Contains Peanuts	Contains Sesame Seed	Contains Celery	Contains Mustard	Contains Egg	Contains Lupin	Contains Gluten**	Contains Soya	Suitable for Vegetarians	Suitable for Vegans
Starters	Garlic Bread	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat & Rye)	No	Yes	No
	Tomato Soup	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat & Barley)	No	Yes	No
Mains	5oz Rump Steak	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	Tomato Pasta	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat & Rye)	No	Yes	No
	Roast Turkey	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
Desserts	Christmas Pudding	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes
	Ice Cream Boat	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	Yes	Yes	No
	Profiteroles	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	No	Yes	No
Portions	Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Vegetable Portion	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Pig in Blanket	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No

All allergy information stated is for actual ingredients present in products.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware. Whilst we take the issue of food allergies and intolerances seriously all dishes are produced and prepared in environments that are not free from gluten, milk, egg, fish, crustaceans, molluscs, tree nuts*, peanuts, sesame, celery, mustard, lupin or soya therefore all dishes may contain traces of these and other allergens.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

** Gluten is a protein component of wheat, rye, barley & oats