

Flaming Grill - Christmas Day 2016 Allergen Data V2

		Contains Sulphur Dioxide / Sulphites (great than 10mg/kg)	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Tree Nuts*	Contains Peanuts	Contains Sesame Seed	Contains Celery	Contains Mustard	Contains Egg	Contains Lupin	Contains Gluten**	Contains Soya	Suitable for Vegetarians	Suitable for Vegans
Starters	Farmhouse Pate	Yes	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat & Barley)	No	No	No
	Mini Camembert	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	No
	Salmon & Prawn Salad	Yes	Yes	Yes	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat & Barley)	No	No	No
	Spiced Parsnip Soup	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	No
Mains	Hand Carved Turkey	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	Lemon Butter Salmon	Yes	Yes	No	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No
	Rib of Beef	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	Four Bird Roast	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Oats)	No	No	No
	Brie & Cranberry Nut Roast	No	No	No	No	Yes	Yes (Almonds & Walnuts)	Yes	No	Yes	No	Yes	No	No	No	Yes	No
	10oz Ribeye Steak	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat & Oats)	No	No	No
Desserts	Christmas Pudding & Brandy Sauce	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	No
	Winterberry Roulade	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	No	No	Yes	No
	Choux Wreath	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	Yes	Yes	No
	Chocolate Orange Cheesecake	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat, Barley & Oats)	Yes	Yes	No
	Cheese & Biscuits	No	No	No	No	Yes	No	No	Yes	No	No	Yes	No	Yes (Wheat, Barley & Rye)	No	Yes	No
Portions & Choices	Vegetables	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	New Potatoes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Mashed Potatoes	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Pig in Blanket	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No
	Brandy Sauce	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No

All allergy information stated is for actual ingredients present in products.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware. Whilst we take the issue of food allergies and intolerances seriously all dishes are produced and prepared in environments that are not free from gluten, milk, egg, fish, crustaceans, molluscs, tree nuts*, peanuts, sesame, celery, mustard, lupin or soya therefore all dishes may contain traces of these and other allergens.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

** Gluten is a protein component of wheat, rye, barley & oats