

## Flaming Grill - Christmas Buffet 2016 Allergen Data

		Contains Sulphur Dioxide / Sulphites (great than 10mg/kg)	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Tree Nuts*	Contains Peanuts	Contains Sesame Seed	Contains Celery	Contains Mustard	Contains Egg	Contains Lupin	Contains Gluten**	Contains Soya	Suitable for Vegetarians	Suitable for Vegans	
Bronze Buffet	Sandwich Bread Selection (White & Brown)	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat & Barley)	No	Yes	Yes	
	Butter	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No	
	Cheddar & Pickle Filling	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Barley)	No	Yes	No	
	Turkey & Cranberry Filling	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	
	Ham & Tomato Filling	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	
	Tuna Mayo Filling	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No	No
	Cruditee	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
	Dips	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes	No	
	Pork Pie	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No
	Buffet Garnish	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No
Mediterranean Vegetable Quiche	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	No	Yes	No	No	
Silver Buffet	Criss Cross Chips	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes	
	Indian Snack Selection	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes	
	Chicken Drumsticks	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	
	Chicken Strips	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes (Wheat)	No	No	No	
	Roast Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Gold Buffet	Sweet Chilli Prawns	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes (Wheat)	Yes	No	No	
	Scampi & Tartare Sauce	No	No	Yes	No	No	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No	
	Lemon & Pepper Goujons	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No	
	Chicken Wings	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	
	Pigs in Blanket	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No	

All allergy information stated is for actual ingredients present in products.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware. Whilst we take the issue of food allergies and intolerances seriously all dishes are produced and prepared in environments that are not free from gluten, milk, egg, fish, crustaceans, molluscs, tree nuts\*, peanuts, sesame, celery, mustard, lupin or soya therefore all dishes may contain traces of these and other allergens.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\*\* Gluten is a protein component of wheat, rye, barley & oats